

Tuesday 9th

The Salat Prayer Ritual



10. Complete

Say the salawat. Look over your right shoulder to the angel recording your good deeds.



The Salat Prayer Ritual



2. Qiyaam

Place your right hand over your left on your chest or navel. Say the opening supplication.



The Salat Prayer Ritual



1. Niyyah

To start the prayer, stand and say "Allahu Akbar", which means "God is great", whilst raising your hands to your ears.



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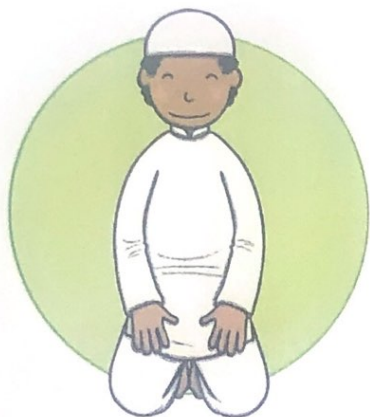


6. Sujood

Kneel with your face and hands to the ground. Say the prayer words.



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9. Qu'ud

Kneel up and look down at your lap. Say the prayer words.



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5. Qauma

Go back to an upright position with your arms by your sides. Say the prayer words.



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4. Ruku

Drop into a prayer position with your hands on your knees, looking at your feet. Say the prayer words.



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8. Sudjood

Kneel again with your face and hands to the ground. Say the prayer words.



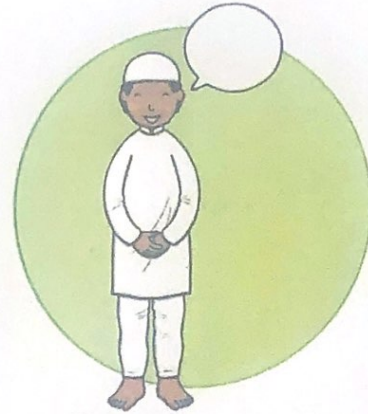
The Salat Prayer Ritual



Look over your left shoulder to the angel recording your bad deeds. Now say your personal prayers.



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3. Fatiha

Say surah Al-Fatiha and one short surah from the Qur'an.



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7. Qu'ud

Kneel up and look down at your lap.
Say the prayer words.

