



PSHE Curriculum

The primary intent for our curriculum:

At Hemlington Hall Academy, personal, social and health education (PSHE) enables our children to become healthy, independent and responsible members of a society. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

	Autumn		Spring		Summer	
	1	2	1	2	1	2
EYFS	<p>ELGS that feed into PSHE:</p> <p><u>Understanding the World Past and Present</u></p> <ul style="list-style-type: none"> - Talk about the lives of the people around them and their roles in society; <p><u>Communication and Language Speaking</u></p> <ul style="list-style-type: none"> - Express their ideas and feelings about their experiences using full sentences, including use of past, present and future tenses and making use of conjunctions, with modelling and support from their teacher. <p><u>Personal, Social and Emotional Development - Self-Regulation</u></p> <ul style="list-style-type: none"> - Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly; - Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate; - Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions. <p><u>Personal, Social and Emotional Development - Managing Self</u></p> <ul style="list-style-type: none"> - Be confident to try new activities and show independence, resilience and perseverance in the face of challenge; - Explain the reasons for rules, know right from wrong and try to behave accordingly; - Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices. <p><u>Personal, Social and Emotional Development - Building Relationships</u></p> <ul style="list-style-type: none"> - Work and play cooperatively and take turns with others; - Form positive attachments to adults and friendships with peers; - Show sensitivity to their own and to others' needs. 					
Year 1	Being me in my world	Celebrating difference	Dreams and goals	Healthy me	Relationships	Changing me
Year 2	Being me in my world	Celebrating difference	Dreams and goals	Healthy me	Relationships	Changing me
Year 2	Being me in my world	Celebrating difference	Dreams and goals	Healthy me	Relationships	Changing me
Year 3/4 cycle 1 and 2	Being me in my world	Celebrating difference	Dreams and goals	Healthy me	Relationships	Changing me
Year 5	Being me in my world	Celebrating difference	Dreams and goals	Healthy me	Relationships	Changing me
Year 6	Being me in my world	Celebrating difference	Dreams and goals	Healthy me	Relationships	Changing me